



North Tyneside
Carers' Centre

COMMONSENSE CONFIDENTIALITY

Join us for this free session, if you are caring for someone who uses NHS Mental Health services.

Tuesday 11th May
6pm - 8pm
(Online session)

During this informal and supportive session you will find out how Cumbria, Northumberland, Tyne and Wear (CNTW) NHS Foundation Trust approach Commonsense Confidentiality, which will empower you to request the information you need to continue caring.

This session has been developed with CNTW.

Visit www.northtynesidecarers.org.uk/getting-online for videos and instructions on how to use Zoom or Microsoft Teams before you join the sessions.

To sign up:

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North Tyneside Carers' Centre

@NTCarers



0191 643 2298



training@ntcarers.co.uk