



North Tyneside
Carers' Centre

UNDERSTANDING CARERS' ASSESSMENTS

Carer's Assessments are for adult carers who look after adults (aged 18 or over) who have support needs.

An assessment provides carers with an opportunity to identify how caring impacts on their wellbeing.

**Thursday 22nd April (6pm-7pm)
(Online session)**

Many carers find it easier to continue in their caring role if they can get some support. Join us for this free informal session to find out more about the process and how it could be of benefit to you.

You will also have an opportunity to meet our team who can answer any questions you have about Carers' Assessments and will support you at each step of the process.

Visit www.northtynesidecarers.org.uk/getting-online for videos and instructions on how to use Microsoft Teams before you join the sessions.

To sign up:

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North Tyneside Carers' Centre

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